



# Camp St. Andrews

1600 Santa Lucia Ave, San Bruno, CA 94066  
Mailing Address: PO Box 397, San Bruno, CA 94066  
Office Phone: (650) 445-4555

## CSA PARENT-CAMPER HANDBOOK

### POLICIES AND INFORMATION

#### Cancellation

If you cannot go to camp due to illness, please let the registrar know as soon as possible, as we normally have other campers on our waiting list. The CAMPER REGISTRATION FEE is non-refundable. REFUNDABLE CAMPER FEES are refunded as outlined in the refund policy on the TERMS & CONDITIONS page at [campsaintandrews.org](http://campsaintandrews.org).

#### Spending Money/Cash

CAMPER FEES cover all meals, snacks, activities, transportation, camp photo, and camp t-shirt. No money should be brought to camp.

#### Bunkmates

Cabin assignments will be based on gender, age, and maturity level. Within these parameters, we try to accommodate (but cannot guarantee) requests for friends and/or family to be assigned within the same cabin/age group.

#### Transportation

The CAMPER FEE includes transportation by bus to and from camp. We offer pick-up and drop off service from either San Bruno or Manteca. Departure day call times, items to bring, location, return day estimations and overall logistics can be found on the WHO, WHERE, WHEN?PAGE. Please note, we conduct a health check before final boarding – details below in HEALTH SCREENING section. As outlined in the CAMPER CODE OF CONDUCT, a serious violation could be grounds for dismissal. In the rare case of a camper being sent home, it's the parent/guardian's responsibility to retrieve their camper in a timely manner, at their own expense.

#### Health Screening

On departure day, CSA volunteers must conduct a health check on campers and staff that will include a head lice check, MEDICAL UPDATE FORM review, medication registering/cataloging, and a general health assessment. Any camper or staff member who poses a potential health risk to the camp community may be denied boarding the bus to camp, or may be subject to quarantine if the illness is discovered upon arrival at camp. CAMPER FEES will not be refunded in these cases.

#### Head Lice Policy

A camper with any nits or lice will not be allowed to board the bus. The bus chaperone/location coordinator will connect you to discuss next steps. In some cases, you may be allowed take your camper home, treat them, wash laundry, and bring them to camp within 24 hours. In such a case, they will be rechecked upon arrival at camp to confirm the absence of lice/nits prior to participation in the camp week.



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## Medication

The CAMPER FORMS packet includes forms that provide Camp Saint Andrews with the camper's medical history, immunization record, medication needs, your over-the-counter medicines authorization, and medical insurance information/directives. If your camper takes any prescribed medication, over-the-counter medication, or vitamins, you will be required to complete and hand in the MEDICAL UPDATE FORM on the day of departure. The signed form and medication must be given to the bus chaperone / location coordinator at check-in, and not kept with the camper. If you have any questions or concerns, you may speak to the Medical Director prior to camp. **Please do not use camp as a "vacation" from prescribed medication!**

## Cell Phones

There is no cell service or outlets at the camp facility. As noted in the CAMPER CODE OF CONDUCT FORM, cell phones cannot be used in any capacity (not for pictures, not for reading, not for games) once on facility grounds. Though we do allow digital cameras, we highly recommend you purchase or pack disposable cameras instead. Camp Saint Andrews is not responsible for any theft or damage to devices.

## Chapel

All campers will attend a daily non-denominational service in the outdoor chapel. The Friday chapel may also include a Eucharist service. Please discuss with your camper if you want them to participate in this portion of the Friday service.

## Visitors

Because camp is only seven days, there is no "Visitor's Day" and no unscheduled visitors are allowed on the grounds. To be considered for access to the premises, prior approval must be obtained from the Camp Board of Directors. This includes, but is not limited to the completion of additional forms and a background check.

## "I'll come get you"

From the American Camp Association: "The most common mistake parents make is the Pick-Up Deal. It's normal for children to ask, 'What if I feel homesick?' Tell your child that some feelings of homesickness are normal and help him practice coping before camp starts. But never ever say, 'If you feel homesick, I'll come and get you.' This conveys a message of doubt and pity that undermines children's confidence and independence. Pick-Up Deals become mental crutches and self-fulfilling prophecies for children as soon as they arrive at camp. If, after spending practice time away from home, a child is still very anxious about overnight camp, consider waiting until next summer." Feeling anxious as a parent? This article from the American Psychological Association gives some advice on managing your worries: <http://www.apa.org/helpcenter/camp-worry.aspx>



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## Letters from Home

Please DO send letters and postcards from home! Mail Call can be quite an event at camp. Because of our remote location, it can take up to five days for letters to arrive. Please plan accordingly.

All letters can be sent to:

[*Camper's Name*]  
Camp Saint Andrews  
c/o Camp Jack Hazard  
Highway 108  
Dardanelle, CA 95364

It is recommended you keep the letters positive and inquisitive. Campers who are enjoying themselves may become sullen and homesick when reading about how much their family and pets miss them.

## Food and Care Packages

Once at camp, all meals and snacks are provided during the camp session. There is absolutely no outside food, candy, gum, or other food items allowed at camp. Please do not pack these items or include them in shipped care packages. Though not forbidden, we do discourage elaborate care packages as it causes a disparity of experience and sometimes jealousy or homesickness from the other campers.

<b>Camp St. Andrews office phone number:</b>	650-445-4555
<b>Camp St. Andrews email address:</b>	registrations@camp saintandrews.org
<b>Mailing address for forms and payment:</b>	Camp St. Andrews Po Box 397 San Bruno, CA 94066
<b>Camp St. Andrews Website</b>	<a href="http://www.camp saintandrews.org">www.camp saintandrews.org</a>